

2023-24 IMPACT *report*



A close-up photograph of two hands, one from the left and one from the right, holding a small, light-colored heart between their fingers. The hands are lit from behind, creating a warm, golden glow. The background is a soft, out-of-focus light blue and white.

A LETTER FROM OUR TEAM

Dear Friends,

As we end another year, we want to take a moment to extend our heartfelt gratitude for your unwavering support. Your partnership and generosity has been instrumental in helping us achieve our mission and make a meaningful impact in our community.

Thanks to partners like you, the Diabetes Foundation has accomplished so much. From increasing the number of services we provided to children and adults, to building deeper relationships within communities of need, we are closer than ever to our vision of ensuring that those who are at risk or living with diabetes, have access to the support they need to live healthier lives and avoid complications from this progressive chronic condition. The stories of those we have helped remind us of the difference that investments in targeted, essential, compassionate high-quality tools can make in the lives of our neighbors.

We are excited to share these accomplishments within these pages. They are a testament to the collective effort of our partners who believe in our mission and the need to offer help to those who need support. Thank you again for being a crucial part of our journey.



Albert Katz

Chairman



Genevieve Ciletti

Executive Director

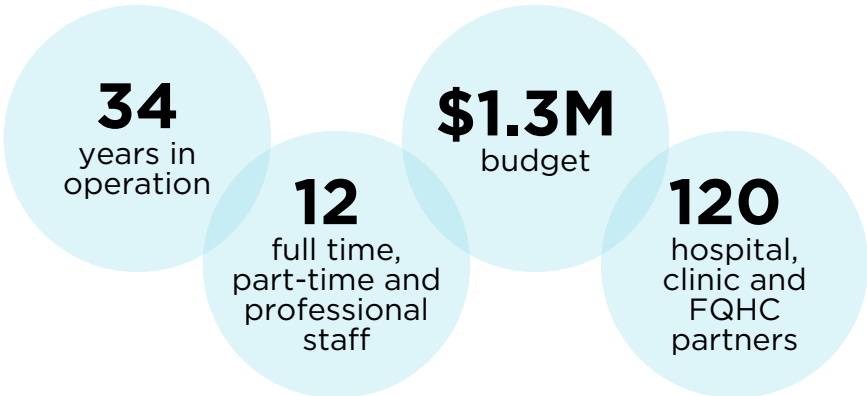


OUR MISSION AND VISION

The Diabetes Foundation's mission is to improve the health and wellness of individuals living with or at risk of diabetes through equitable, accessible, compassionate, high-quality care.

CREATING A *healthier* NEW JERSEY

We aim to delay or prevent chronic conditions and reduce the risk of diabetes complications by providing access to free services that ensure children and adults can maintain healthy blood sugar levels. Our programs, including education, guidance, support groups, and financial assistance, support all individuals, regardless of age, type of diabetes, insurance, or financial status.





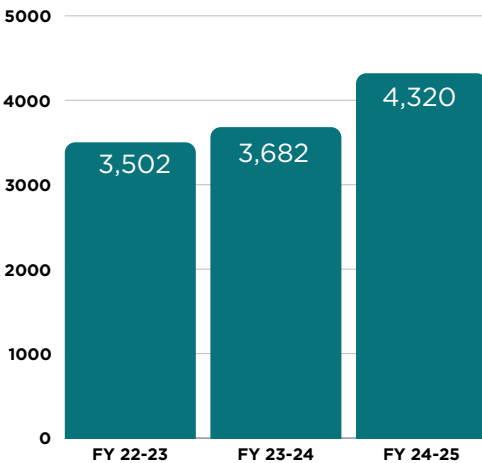
**WE
CHALLENGE
THE**

epidemic

The need for support grows more and more critical as obesity and diabetes rates grow.

Research shows that lifestyle choices account for 50 percent of chronic diseases, and 80 percent of chronic conditions can be prevented through healthier diets.

By strategically targeting the key drivers of these preventable illnesses, we can reduce both the prevalence of these conditions and the associated healthcare costs, ultimately improving the health of New Jerseyans and ensuring a healthier future for our communities.



The Diabetes Foundation's participant numbers have increased by 23% over the last three years, and we have just scratched the surface.



**WE
ADDRESS
GAPS IN
*care***

We create access to create health.

High Costs

We provide emergency insulin, diabetes supplies, A1C screenings, transportation and camperships as well as work to identify and secure long-term affordable options for ongoing care.

Unavailable and Unaffordable Education

We offer free weekly education online, zoom into hospital rooms, offer diabetes trainings to healthcare personnel and community leaders. The DF is accredited by the Association of Diabetes Care and Education Specialists.

Lack of Support Systems

Diabetes is a daily challenge, and stress related to life and managing this chronic condition is common. The DF provides education about coping, runs support groups, and mentors participants who need one-to-one support.

Tools for Care Compliance

Through our guidance and navigation program, we help participants to access local and affordable care including a healthcare team, medications, supplies, education, peer-to-peer support groups, transportation and food. These plans offer our participants access to necessary support and services.



FY 23-24 *services*



Our Diabetes Care Guides offered 3,126 navigation and guidance services to help participants obtain access to local and affordable tools they need to care for their diabetes. This includes affordable medication and supplies, healthy eating education, and peer-to-peer support groups.



Free workshops taught by our Certified Diabetes Educators including our accredited Diabetes Self-Management Education and Support program, and one hour nutrition and activity workshops offered 454 participants the knowledge they need to accomplish a healthier lifestyle.



Our Financial Assistance Program provided 561 uninsured and underinsured New Jersey residents with diabetes medication, supplies and A1c screenings. In addition, we provided transportation to doctor's appointments and scholarships for diabetes camp.



Our Social Support Groups and Mentor Program provided 179 individuals with a network to discuss their diabetes journey including daily self-management, finances and nutrition plus practical insights about managing diabetes and minimizing the isolation one may feel living with and caring for the condition.

FY 23-24 IMPACT

EDUCATION



454

English & Spanish speaking participants attended **712 hours** of classes



89

School nurses attended our T1D diabetes care workshop

443

Hours of healthy eating education with a Certified Diabetes Educator

23%

Education participants followed SMART Goals

S M A R T

RESOURCE NAVIGATION



91

participants provided health insurance



108

coupons provided to lower medication costs

128

received clinic/doctor appointments

56

food pantry sign-ups

3,126

total participants served



FINANCIAL ASSISTANCE

561

total participants served

540,000

units of insulin provided

32,100

test strips



1,680

hours of diabetes camp provided

8,000

insulin syringes



23,300

pen needles

257

A1C tests



SOCIAL SUPPORT



20

annual support groups held



78

participants received 1 on 1 personalized mentorship



179

participants served in a group setting

COMMUNITY ENGAGEMENT

403

participants served at 23 locations



244

A1C screenings provided



57

vision screenings provided

36

CBO partners

284

personalized education sessions provided

58

blood pressure screenings provided



KEY
interventions



Our focus on Equitable Health is dedicated to filling the gaps in care that are preventing children and adults from chronic wellness.



DF's T1D Management Program is providing tools to children and adults living with diabetes with life-saving medications, supplies, social support and education.



Our Provider Education program is educating hospital and school nurses and the staff at community-based organizations about diabetes and available tools for support.



DF's Community Food Project provides pantries with the tools to help guests learn how to utilize their food and make informed choices.



We advocate for Patient Care by working with legislatures and supporting bills that further resources for children and adults with diabetes.



COMMUNITY *health*



**A1C
Screenings**



**Diabetes
Prevention and
Self-Management
Events**

**School Nurse
Education**





COMMUNITY *health*



**Food Pantry
Interventions**



**On-Site Adult
Education in
Spanish**



COMMUNITY *health*



**Senior
Events**



**Community
Health Fairs**



**T1D Advocacy
Efforts**



SAMPLE MEDICAL & COMMUNITY *partners*





A FINAL NOTE

Your generosity has made a profound impact on the lives of individuals and families affected by diabetes, allowing us to continue to address the growing challenges faced by those at risk or living with this complex disease.

The statistics surrounding diabetes are alarming, with millions affected both in New Jersey and around the world. The multifaceted nature of the disease highlights the critical need for patient-centered resources to prevent diabetes and help individuals manage their condition, delaying or avoiding complications. We have seen this first-hand, both in the neighborhood where we work and given the significant increase in demand for our services.

Your contributions empower us to deploy initiatives that close the gaps in care, ensuring equitable access to support regardless of insurance status. Your continued backing, will allow us to continue to empower our neighbors, advocate for essential healthcare changes, and provide resources to those who need them most.

Every donation, no matter the size, is vital to our success. We sincerely thank you for your ongoing generosity and for your belief in our mission. Together we are making a difference.



Diabetes
Foundation

ADCES
Accredited Program



201-444-0337



info@diabetesfoundationinc.org



www.diabetesfoundationinc.org

The DF is a 501(c)(3) non-profit dedicated to delivering high-quality, compassionate, no-cost HIPPA compliant services.

P: 201-444-0337 • F: 201-444-5580 • www.dfinc.org