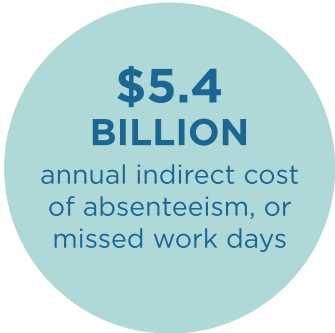
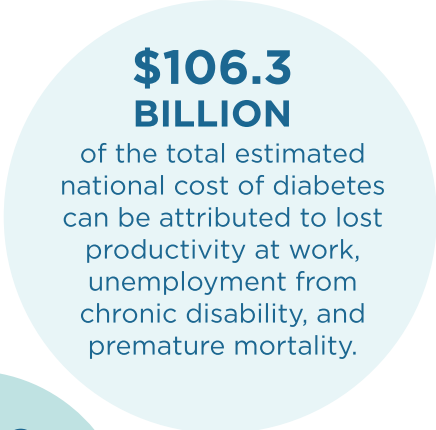


# PUT DIABETES CARE FRONT AND CENTER: IMPROVE EMPLOYEE PRODUCTIVITY AND REDUCE HEALTH COSTS FOR FREE

## Advance Their Future and Yours with One Easy Call

As the fastest growing noncommunicable disease, diabetes seems unstoppable. Currently, 11.6% of adults are living with diabetes, and 35% with prediabetes. If trends continue, this chronic illness will impact 1 in 3 adults. By offering the CDC’s Diabetes Self-Management Education & Support (DSMES) program to employees as a workplace benefit, you will be providing them with financial, physical and emotional support.

- Our comprehensive education workshop includes understanding diabetes, coping, reducing risk, healthy eating, activity, medication management, monitoring and problem solving
- Skills and tools are offered to help build confidence and emotional strength to manage diabetes
- Open discussion underscores ways to fit diabetes care into all routines and lifestyles
- Our Certified Diabetes Educator will support goal setting and tracking
- It is shown that people with type 2 diabetes who receive DSMES services can achieve a decrease in A1C
- The DF is positioned to offer DSMES to best meet the needs of employers; the program ranges from 1 to 8 hours in total



### HOW IT WORKS



Contributions to DF, a 501(c)(3) non-profit, are tax-deductible (Tax ID: 22-3551926) and deliver an excellent return for those interesting in investing.