


Technology Tracker


Mobile apps such as the  **BD** Diabetes Care App are designed to help you feel more confident in your care plan and are intended to improve your adherence to best practices.

The BD Diabetes Care App offers:


- Information and support for education food and fitness
- Tracking for blood glucose, carbs, activities and mood



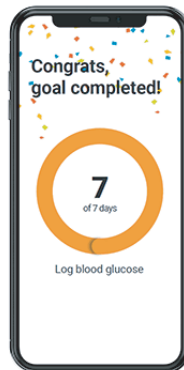
Review curated content
Discover expert personalized content designed to help you stay informed about how the latest in living with diabetes could impact you.



Gain dietary insights
Explore the CalorieKing™ database - with nutritional information for more than 65,000 foods - and our diabetes-friendly recipes.



Explore your health snapshot
Use data-driven insights from your daily logging to get relevant information and educational resources.



Set behavioral goals
Learn to form healthy habits and skills around five goal areas: blood glucose management, nutrition, risk reduction, activity and insulin.

Download the app today

