

Questions to Ask Your Doctor

How often should I check my blood sugar?

Are my blood pressure and cholesterol levels healthy?

What should my target A1C level be?

What diabetes education program would you recommend?

What lifestyle and diet changes should I make to manage my blood sugar?

What physical activities do you recommend?

What are my options for taking medication?

Should I see other specialists?

What are the potential side effects of my medication? How can I manage them?

When should I come back for a follow-up visit?

